

## Forever picking

Snacks inspired by the seasons. This stems from my recollection of being in the garden with my mother and picking anything that was edible.

## Making & breaking

The comfort and satisfaction I get from making and eating bread stems from a long journey with many memories along the way. To me it means comfort, satisfaction, sharing, connection, love and of course the joy you receive from the actual eating of bread.

## Just down the road

(ricotta, leek, honey)

Many miles have been travelled and countless hours have been spent with my ongoing quest to find the very best British producers to supply us with our ingredients. We celebrate Old Hall Farm as one of them, as they are very close to my Norfolk roots.

# Flaming bright eyes

(Seabass, Badger beetroot, horseradish)

As a young chef, I was always told to look into the eyes of a fish to see how bright they are, to decipher its freshness, which of course is our Muse guarantee. The flames in this dish come from the amazing seasonal Badger beetroot and the method of how we cook this beautiful fish.

#### Tastes like chicken

(chicken, aubergine, daterini tomato)

A phrase we've all heard far too many times when someone tastes something unusual! In this instance, we really do hope it tastes like chicken, as we slow age our Sladedown Farm chickens to create a tender, more succulent meat.

#### It's the leaves

(Figs & leaves, Pinenut, Inverted puff pastry)

We have personally foraged and selected the figs and leaves in this dessert. Did you know the leaves of the fig contain more flavour than the fig itself? If you fancy a bit of foraging, be careful of the white sap it exudes when picked, as it can cause some irritation.