



### **Forever picking**

Snacks inspired by the seasons. This stems from my recollection of being in the garden with my mother and picking anything that was edible.

### **Making & Breaking**

The comfort and satisfaction I get from making and eating bread stems from a long journey with many memories along the way. To me, it means comfort, satisfaction, sharing, connection, love and of course the joy you receive in the actual eating of bread.

### **It's the season to be jolly**

*(asparagus, garlic leaf, macadamia)*

This is one of the team's happiest times of the year, as asparagus is a real sign that we are coming into an abundance of new seasonal produce and spring is finally here, symbolising new beginnings and the first of the green shoots of life.

### **Patience can be rewarded**

*(trout, morels, white asparagus)*

From a very early age I was always keen on fishing which was a weekend hobby of mine. I had a very rare opportunity to fish for trout on the river Avon near Salisbury where I persevered for three hours, and in the last five minutes I bagged two beautiful trout that were duly smoked & barbequed. Never stop believing, a well-used mantra.

### **Swim for your life**

*(venison, beetroot, cabbage)*

The Sika deer was brought to these shores in the late 1800's to Brown Sea Island off Dorset. They duly escaped as they are excellent swimmers, and so became true wild deer rather than park reared version.

### **A few of my favourite things**

*(marmalade, bread, butter)*

The marmalade I make reminds me of my mother, hence why I love it so much. Bread & butter goes hand in hand perfectly with marmalade, and we have added something a little extra special.