



Forever picking

Snacks inspired by the seasons. This stems from my recollection of being in the garden with my mother and picking anything that was edible.

The rule of three

The number 3 is a mystical & spiritual number featured in many guises & Folklores. 3 wishes, 3 lives, 3 guesses, 3 little pigs, 3 bears, 3 Billy goats gruff. Therefore 3 snacks will always be better than 2.

Just down the road

(ricotta, courgette, marjoram)

Many miles have been travelled and countless hours have been spent during my ongoing quest to find the very best British producers to supply Muse with ingredients. We celebrate Old Hall Farm, located “just down the road” from my Norfolk roots.

Making & breaking

The comfort and satisfaction I get from making and eating bread stems from a long journey with many memories along the way. To me, it means comfort, satisfaction, sharing, connection, love and of the course the joy you receive in the actual eating of bread.

Old school to new school

(asparagus, sorrel, hollandaise)

During my eventful youth I entered a Salon Culinaire (French for cooking competition). I have always been extremely competitive and was certain I would win by presenting my own chaudfroid of salmon which is a classic French technic invented in the 18th century. Old technics will often get looked at again, and this dish is all about returning to the past in order to create the future.



Worth the mess

(kohlrabi, elderflower, tarragon)

Chefs are well known for being very fussy about cleanliness, order and impeccable timing. When preparing vegetables for this dish, we know the outcome and the delivery is worth it.

Little minds at work

(leek, white asparagus, horseradish)

As a child I would separate the food on my plate by its colour. There were colours I would love or loathe and now as a chef I associate certain colours to tastes and flavours that work together.

As fresh as a daisy

(Roscoff onion, pea, aubergine)

Winter is over and everything around us is finally coming to life again or looking as fresh as daisy! A celebration of the new spring season.

Wait and see

Many of you will remember your mother's voice when asking "what's for dessert?" All I will say is that it is a sweet, seasonal delight!

Strawberry merry-go-round

(strawberry, black sesame, shiso)

Nothing makes me smile more than the sight of the first summer strawberry. It's the coming of sunnier days, summer fairs with merry-go-rounds and countless memories of sneaking out to the vegetable garden to steal the first ripened strawberries.